



TOP REHAB FACILITIES WEST-AUSTRIA

Back in shape, for a new life: VAMED rehab facilities in Austria

The international health care provider VAMED group plans, modernises and runs concepts and buildings for clinics and rehab facilities in a way that shows an understanding of health to be a global, sustainable and holistic asset.

TEXT: CORNELIA BRELOWSKI

Backed by their International Medical Board, VAMED keeps an eye on the patients' well-being through employing highly qualified personnel with comprehensive expertise and long-term experience within the health system. All VAMED enterprises are marked by the latest diagnostic technology, amazing medical know how and modern facilities as well as an efficient international network. Three Austrian rehab facilities with a focus on therapy, rehabilitation, sustainable health

and lifestyle, set in Austria's loveliest holiday areas, have lately been benefiting from these qualities to build a sustainable basis for their excellent medical treatment programmes.

Kitzbühel Rehabilitation Centre

Recover your mobility and fitness right in the heart of the Austrian Kitzbühel alps. The VAMED rehabilitation centre for treatment of the musculoskeletal system is located within beautiful scenery between

the three mountain peaks of the world famous Hahnenkamm, the Wilder Kaiser and the Kitzbüheler Horn.

The Rehasentrum Kitzbühel is specialised in the treatment of orthopedic and sports traumatic injuries. Housing up to 120 patients at a time, the centre opened in 2013 and has since been situated in modern premises that are marked by a welcoming yet effectively functional architecture.

A highly qualified team of doctors, therapists and sport scientists as well as massage therapists, nutrition specialists and nursing staff apply their expertise for an optimum in individual rehabilitation. An in-house library, the grand roof terrace

with a breathtaking view, a public cafeteria and, last but not least, the attractive location in the alp town of Kitzbühel make the centre a great place to indulge in expert treatment and swift recovery. Therapeutic treatments range from ergotherapy to isokinetic training, from hydro to thermo therapy, from strength to endurance training through to nutrition counselling and health psychology. In wintertime, heat and infrared therapy are a welcome treatment for muscle and joint problems, fibromyalgia or any type of rheumatic ailment.

Both patients and guests at the Kitzbühel rehabilitation centre enjoy the charm and lifestyle of the legendary Alpine sports resort in combination with the latest standards in medical therapy.

Montafon Rehabilitation Centre

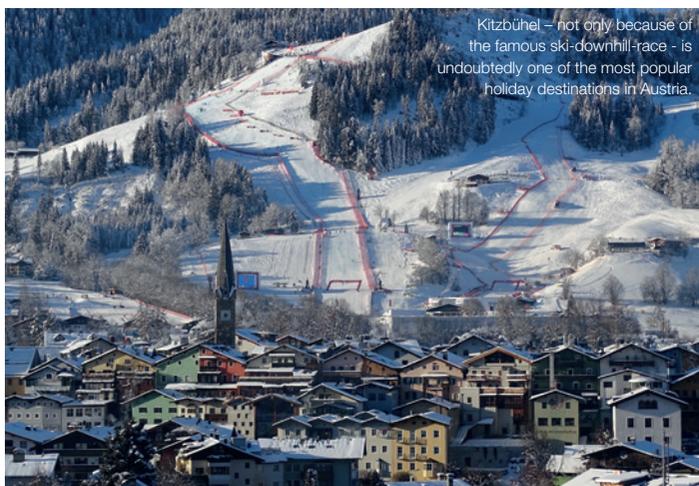
Set in the unique natural landscape of the Austrian federal state of Vorarlberg, in the lovely village of Schruns, the Montafon centre for orthopedic, cardiac and neurobiological treatment opened its doors in 2010.

Following their motto of “our patients are our guests!”, the clinic is the perfect place to regain one’s energy and life quality from the inside out. A highly qualified staff of 120 make sure to tend to full medical, therapeutic and nursing care for each patient. “Enabling” is of the highest priority at Montafon so that patients can reenter daily life as soon as possible. Patients enjoy the modern, light-filled surroundings, excellent culinary treats and the Montafon

natural scape, often accompanied by family members or friends who are equally welcome to stay.

At the Montafon centre, orthopedic ailments are being treated as well as neurological problems caused by inflammatory or degenerative illness of the central and peripheral nervous system. Also, patients who have suffered strokes or injuries to the brain or spinal cords in accidents come to the Montafon centre for treatment.

Cardiac rehabilitation at Montafon has an emphasis on creating a higher life quality through implementing lifestyle changes. Individually taking care of important aspects like physical and cognitive activity, the team at Montafon helps creating the





The individual person's abilities and life situations are put the centre of the Montafon Rehabilitation Centre's doing.
Photo: © MAM Photographer



The Oncological Rehabilitation Centre St. Veit constantly seeks to secure the best possible treatment success.



St. Veit offers an extensive, efficient and varied therapy programme on 1,000 square metres.

best possible conditions to let the heart and circulatory system recover so that the patient quickly regains fitness and vitality.

By helping patients to retrieve access to their own power, a swift re-entry into their accustomed place in society is the primary goal at Montafon. Accompanying visitors, who come to help and support a patient during treatment, enjoy their stay with hotel standards.

Oncological Rehabilitation St. Veit

Set in the picturesque town of St. Veit in Austrian Pongau, only 60 kilometres from the cultural and historic city of Salzburg, the VAMED group has founded an innovative rehabilitation centre for oncological ailments of any kind. Sharing the operational tasks with the Salzburger Landeskliniken, the house counts 120 beds and a highly motivated team. The traditional health resort is situated above the Salzbach valley amidst the impressive scenery of the Salzburg mountains with skiing and hiking areas all around. Its beautiful natural surroundings help to form a helpful basis for recovery. Specialized on post-treatment and treatment accompanying therapy, the offers at St. Veit range from physio to ergotherapy through to dietology. A maximum in backup is provided through a 24-hour presence of medical and nursery staff and the tight cooperation with the neighboring St. Veit clinic so that patients have



Relaxation or hiking: patients can also enjoy the many things the city of St. Veit has to offer.

quick access to the respective equipment and facilities needed in case of emergency.

Treating all types of oncological ailments through individual, tailor-made programmes, there is also ample time for relaxation and refreshing walks. Patients at St. Veit profit from the overall positive atmosphere and a revitalising stay within beautiful surroundings. St. Veit is also the town with the most sunny days in Austria.

For 2017, the Oncological Rehabilitation Centre's plans include groundbreaking work for a children's department in spring, a training symposium for medical

and therapeutic staff as well as a major study on the enhanced life quality reached through rehabilitation.

If post-operative or not, anyone seeking general revitalisation is welcome at the Austria-based VAMED clinics. They will find an individualised custom treatment in combination with the healing powers of Austrian nature, helping them to re-enter their lives with a sustainable plus in health and vitality.

www.reha-kitz.at
www.rehaklinik-montafon.at
www.onko-reha-stveit.at